



# Summer HANGING BASKETS



Summer hanging baskets brighten up any area they are a wonderful addition to any outdoor space.

It is important to take care when handling compost and plant materials. Hands should be washed thoroughly with soap and water after handling compost as it contains bacteria. Parts of plants e.g. leaves, stems, flowers, seeds and berries mentioned in the activities must not be eaten. Gloves should be worn to protect broken skin from bacteria from soil.

## WHAT YOU WILL NEED

Variety of plants

Hanging basket, liner, hanger and bracket (make holes in liner for drainage)

Multi-purpose, peat-free compost

Water retaining gel

Slow-release fertiliser pellets



Get up and Grow NW promotes and supports the health and wellbeing of the local community through social and horticultural therapy regardless of age or ability.

Email: [getupandgrow@outlook.com](mailto:getupandgrow@outlook.com) | Website: [www.getupandgrownw.com](http://www.getupandgrownw.com)  
Twitter: [@getupandgrowNW](https://twitter.com/getupandgrowNW) | Facebook: [getupandgrowNW](https://www.facebook.com/getupandgrowNW)

# INSTRUCTIONS

1. Line your basket with suitable liner depending on the basket
2. Partly fill hanging basket with compost leaving 7 cm of the top
3. Measure out the fertilizer pellets and mix with the compost (read instructions) optional
4. Measure the correct amount of water retaining gel and mix well with compost ( make sure its spread and not clumped together) optional
5. Place the focal plant in the middle of the hanging basket (upright plant).
6. Place the filler plants around the central plant.
7. Next place the trailing plants around the edges, so they will trail over the edges of the hanging baskets.
8. Fill in all the area around the plants with soil make sure that all the roots are covered with soil.
9. Leave at least 1 cm lip of the hanging basket showing this will stop the soil just running off the top when watering.
10. Water the soil and leave it to drain before hanging up.

Care should be taken when using gardening equipment and tools as part of this project. Most importantly let have fun learning about growing food and plant.



Plants suitable for summer baskets include: Trailing Begonias, Bacopa, Calendula, Calibrachoa (mini-petunias), Dahlias (dwarf), Fuchsias (upright or trailing), Geraniums (thin-leaved or trailing ivy leaved), Impatiens (Busy Lizzies), Laurentia, Lobelia, Nasturtium, Nemophila, Nicotiana (tobacco plants), Pansies, Petunias, (many varieties are sold e.g. 'Surfinia'), Salvias, Sweet peas (dwarf), Verbenas, Violas. These are all readily available from garden centres, nurseries and online suppliers

