



HANGING BASKETS Herbs



It is important to take care when handling compost and plant materials. Hands should be washed thoroughly with soap and water after handling compost as it contains bacteria. Parts of plants e.g. leaves, stems, flowers, seeds and berries mentioned in the activities must not be eaten. Gloves should be worn to protect broken skin from bacteria from soil.

Herbs work well in hanging baskets and can be both attractive and productive.

Herbs suitable for baskets include Basil (green or purple), Chives, Chamomile, Marjoram, Parsley, Sorrel, Thyme.

Many of these herbs come in different varieties too which increases your choice of what to plant. You could even have a hanging basket full of different sorts of Thyme.

Ensure you keep the compost in the basket moist and supply the plants with a fertiliser higher in Nitrogen.

Herb baskets will appreciate shade for part of the day if possible. They are a great asset if the basket is positioned near to the kitchen door where they are readily accessible for harvesting but are just as valuable if you prefer to catch a waft of herby aroma when you rub the leaves between your fingers as you pass by.



Get up and Grow NW promotes and supports the health and wellbeing of the local community through social and horticultural therapy regardless of age or ability.

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WHAT YOU WILL NEED

Various herb plants

Hanging basket, liner, hanger and bracket (make holes in liner for drainage)

Multi-purpose, peat-free compost

INSTRUCTIONS

1. Line your basket with suitable liner depending on the basket
2. Partly fill hanging basket with organic peat free compost leaving 7 cm of the top
3. Place the focal herb plant in the middle of the hanging basket (upright plant).
4. Place the filler herb plants around the central plant.
5. Next place the trailing plants around the edges, so they will trail over the edges of the hanging baskets.
6. Fill in all the area around the plants with soil make sure that all the roots are covered with soil.
7. Leave at least 1 cm lip of the hanging basket showing this will stop the soil just running off the top when watering.
8. Water the soil and leave it to drain before hanging up.
9. Optional – plant some plants through the sides of the liner.

